

95th TAMILNADU STATE SENIOR ATHLETIC CHAMPIONSHIP-2023

Org:NELLAI Dist ATHLETIC ASSOCIATION

Venue:ANNA Stadium TIRUNELVELI 27,28 MAY

COMPETITION SCHEDULE

| EVE .NO | Day 1 Morning Session | | | Saturday 27 May |
|----------------|------------------------------|------------------|---------------|------------------------|
| 101 | 06:00am | Men | 10000M | Final 7 |
| 102 | 06:00am | Women | Pole Vault | Final |
| 103 | 06:30am | Women | 10000M | Final 8 |
| 104 | 06.45am | Men | 100m | Decathlon |
| 105 | 07:00am | Women | 100m Hurdles | Heptathlon |
| 106 | 07:15am | Women | Discus Throw | Final 9 |
| 107 | 07:30am | Women | Triple Jump | Final 10 |
| 108 | 07:40am | Women | High Jump | Heptathlon |
| 109 | 08:00am | Men | 400m | Round 1 |
| 110 | 08:45am | Women | 400m | Round 1 |
| 111 | 08:45am | Men | Long Jump | Decathlon |
| 112 | 09:00am | Women | High Jump | Final 11 |
| 113 | 09.30am | Men | Discus Throw | Final 12 |
| 114 | 09:30am | Women | Shot Put | Heptathlon |
| 115 | 10:00am | Men | 100m | Round 1 |
| 116 | 11:00am | Women | 100m | Round 1 |
| 117 | 11:00am | Men | Shot Put | Decathlon |
| 118 | 11:45am | Men | 110m Hurdles | Round 1 |
| 119 | 12:15pm | Women | 100m Hurdles | Round 1 |
| | Day 1 Evening Session | | | Saturday 27 May |
| 120 | 02:00pm | Men | Javelin Throw | Final 13 |
| 121 | 02:00pm | Men | Triple Jump | Final 14 |
| 122 | 02:30pm | Men | High Jump | Decathlon |
| 123 | 02:40pm | Men | 110m Hurdles | Final 15 |
| 124 | 02:50pm | Women | 100m Hurdles | Final 16 |
| 125 | 03:00pm | Men | 100m | Semi-Final |
| 126 | 03:15pm | Women | 100m | Semi-Final |
| 127 | 03:30pm | Men | 400m | Semi-Final |
| 128 | 03:45pm | Women | 400m | Semi-Final |
| 129 | 04.30pm | OPENING CEREMONY | | |
| 130 | 05:30pm | Men | 100m | Final 17 |
| 131 | 05:40pm | Women | 100m | Final 18 |
| 132 | 06:00pm | Men | 1500m | Final 19 |
| 133 | 06:20pm | Women | 1500m | Final 20 |
| 134 | 06:40pm | Women | 200m | Heptathlon 4 |
| 135 | 07:00pm | Men | 400m | Decathlon 5 |
| 136 | 07:30pm | Men | 400m | Final 21 |
| 137 | 07:45pm | Women | 400m | Final 22 |
| 138 | 08:00pm | Men | 4x100m Relay | Final 23 |
| 139 | 08:15pm | Women | 4x100m Relay | Final 24 |

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| | Day 2 Morning Session | | | Sunday 28 May |
| 06:00am | Men | 5000m | | Final |
| 06:30am | Women | 5000m | | Final |
| 07:00am | Women | Long Jump | | Heptathlon |
| 07:20am | Men | 110m Hurdles | | Decathlon |
| 07:30am | Women | Javelin Throw | | Final |
| 07:30am | Men | High Jump | | Final |
| 08:00am | Men | 200m | | Round 1 |
| 08:45am | Women | 200m | | Round 1 |
| 08:45am | Men | Discus Throw | | Decathlon |
| 08:45am | Women | Javelin Throw | | Heptathlon |
| 08:50am | Women | Long Jump | | Final |
| 09:00am | Men | Shot Put | | Final |
| 09:30am | Men | 800m | | Round 1 |
| 09:45am | Women | 800m | | Round 1 |
| 10:00am | Men | Pole Vault | | Decathlon |
| 10:10am | Women | 400m Hurdles | | Round 1 |
| 10:35am | Men | 400m Hurdles | | Round 1 |
| | Day 2 Evening Session | | | Sunday 28 May |
| 02:00pm | Women | Long Jump | | Final 31 |
| 02:00pm | Women | Shot Put | | Final 32 |
| 02:30pm | Women | 400m Hurdles | | Final 33 |
| 02:40pm | Men | 400m Hurdles | | Final 34 |
| 02:40pm | Men | Javelin Throw | | Decathlon 9 |
| 03:00pm | Women | 200m | | Final |
| 03:10pm | Men | 200m | | Final |
| 03:20pm | Women | 800m | | Final 35 |
| 03:30pm | Men | 800m | | Final 36 |
| 03.40pm | Women | 3000m Steeplechase | | Final 37 |
| 04.00pm | Men | 3000m Steeplechase | | Final 38 |
| 04:30pm | Women | 200m | | Final 39 |
| 04:40pm | Women | 200m | | Final 40 |
| 04:50pm | Men | 800m | | Heptathlon |
| 05:00pm | Men | | 1500 | Decathlon |
| 05:10pm | Women | 4x400m Relay | | Final 43 |
| 05:20pm | Mixed | 4x400m Relay | | Final 44 |
| 05:30pm | | 4x400m Relay | | Final 45 |
| 05:45pm | | | | |