



# TAMILNADU ATHLETIC ASSOCIATION

(Affiliated to the Athletic Federation of India)

Registered with Tamilnadu Society Act

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**26.07.2023**

## **CIRCULAR**

**Subject: 1<sup>st</sup> Tamilnadu State Middle and Long Distance Athletic Championships - on 05<sup>th</sup> & 06<sup>th</sup> August, 2023. At Tamilnadu Physical Education and Sports University (TNPESU), Vandalor, Chennai.**

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The Tamilnadu Athletic Association conduct 1<sup>st</sup> Tamilnadu State Middle and Long Distance Athletic Championships on 05<sup>th</sup> & 06<sup>th</sup> August, 2023 in Tamilnadu Physical Education and Sports University (TNPESU), Vandalur, Chennai.

### **Date of Birth:**

The junior below 20 years, 18 years and 16 years of age in boys and girls will participate in this Athletic Meet.

1. Boys & Girls Under 20 years - born between 12.11.2003 & 11.11.2005
2. Boys & Girls Under 18 years - born between 12.11.2005 & 11.11.2007
3. Boys & Girls Under 16 years - born between 12.11.2007 & 11.11.2009

## **EVENT LIST**

SL	BOYS-U20	GIRLS-U20	BOYS-U18	GIRLS-U18	BOYS-U16	GIRLS-U16
1	800mts	800mts	800mts	800mts	800mts	800mts
2	1500mts	1500mts	1500mts	1500mts	2000mts	2000mts
3	5000mts	3000mts	3000mts	3000mts	5000mts walk	3000mts walk
4	10000mts	5000mts	10000mts walk	5000mts walk		
5	10000mts walk	10000mts walk				

**The last date for receipt of entries is 02<sup>nd</sup> August, 2023.**

Entries should send by Email: [tnaaentry@gmail.com](mailto:tnaaentry@gmail.com)

Entries must be prepared on computer in prescribed Excel format. Entry must be filled in Capital Letters with **UID numbers** and all its columns must be completed. In any circumstances, without UID number and hand written entry will not be accepted.

**Managers Meeting:**

Managers meeting will be held on 04.08.2023 at 5.00 pm and the BIB numbers will be issued at the meeting.

**Team Championship:**

**All Participate will get T.Shirt** and Participation certificate. First, Second & Third place winners will be given Medals & Certificates. Overall Winners, Runners and Third Position. Championships will be decided on points only.

Organizing committee will finalize the entries and the same will be available in TNAA website <http://tnathleticassociation.com> 2 days before the competition.

**State High Altitude Camp:**

The Best athletes will be selected for **State High Altitude Camp at Ooty** for the preparation of **38<sup>th</sup> National Junior Athletics Championships from 07<sup>th</sup> to 10<sup>th</sup> Nov 2023.**

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**C. LATHA  
SECRETARY, TNAA.**