

TAMILNADU ATHLETIC ASSOCIATION
37TH TAMILNADU INTER- DISTRICT JUNIOR ATHLETIC
CHAMPIONSHIP-2023

ORGANIZED BY : NAMAKKAL DISTRICT ATHLETIC ASSOCIATION

VENUE – KSR GROUND - THIRUCHENGODE

DATE: 14th to 17th September, 2023

Day 1: 14/09/2023

TIME	EVENT	SPEC's	GENDER	AGE	ROUND
6:00 AM	10000M WALK	-	BOYS	18	FINAL
6.15AM	HAMMER THROW	5 KG	BOYS	18	FINAL
6.15AM	POLEVAULT		BOYS/GIRLS	18	FINAL
6:40 AM	5000M WALK	-	GIRLS	18	FINAL
7:00 AM	HIGH JUMP	-	BOYS	14	FINAL
7:00 AM	SHOT PUT	3 KG	BOYS	14	TRIAL / FINAL
7:00 AM	LONG JUMP	-	BOYS	18	TRIAL / FINAL
7:00 AM	100M HURDLES	-	GIRLS	18	HEPATHLON
7.30AM	HAMMER THROW	3KG	GIRLS	18	TRIAL/FINAL
7:30 AM	100M		BOYS	18	DECATHLON
8.15 AM	60M	-	BOYS	14	TRIATHLON
9.00 AM	60M	-	GIRLS	14	TRIATHLON
9:00 AM	SHOTPUT	2 KG	GIRLS	14	TRIAL/FINAL
9.45 AM	100M		BOYS	18	HEATS
10.30 AM	100M		GIRLS	18	HEATS
10:00 AM	HIGH JUMP	-	GIRLS	14	TRIAL / FINAL
10:00 AM	DISCUS	1 KG	GIRLS	18	TRIAL / FINAL
10:00 AM	LONG JUMP	-	GIRLS	18	TRIAL / FINAL
11.15 AM	400M	-	BOYS	18	HEATS
12.00 PM	400M	-	GIRLS	18	HEATS
12.45 PM	100M	-	BOYS	18	SEMI FINALS
1.00 PM	100M		GIRLS	18	SEMI FINALS
1.30PM	DISCUS	1.50KG	BOYS	18	TRIAL/FINAL
1.45 PM	100MH	0.762M	GIRLS	18	HEATS
2.00 PM	110MH	0.914M	BOYS	18	HEATS
2.00PM	JAVELIN	500GRM	GIRLS	18	TRIAL/FINAL
3.15 PM	100MH		GIRLS	18	FINAL
3.30 PM	110MH		BOYS	18	FINAL
4.00 PM	OPENING CEREMONY				
5.30 PM	100M	-	GIRLS	18	FINALS
5.45 PM	100M	-	BOYS	18	FINALS
6.00 PM	400M		BOYS	18	FINAL
6.30 PM	400M	-	GIRLS	18	FINAL
6.45 PM	600M	-	BOYS	14	HEATS
7.15 PM	600M	-	GIRLS	14	HEATS
7.40 PM	1500M		BOYS	18	T/FINAL
7.55 PM	1500M		GIRLS	18	T/FINAL

Day 2: 15/09/2023

TIME	EVENT	SPEC'S	GENDER	AGE	ROUND
6:00 AM	3000M	-	BOYS	18	FINAL
6.30 AM	3000M	-	GIRLS	18	FINAL
7:00 AM	JAVELIN	700 g	BOYS	18	TRIAL / FINAL
7:00 AM	HIGH JUMP		BOYS	18	TRIAL/FINAL
7:05 AM	60M		BOYS	14	HEATS
7:30 AM	KIDS JAVELIN	285 gm	BOYS	14	TRIAL/FINAL
7.35AM	SHOT PUT	3KG	GIRLS	18	TRIAL/FINAL
8:00 AM	60M		GIRLS	14	HEATS
8.00AM	TRIPLE JUMP		GIRLS	18	TRIAL/FINAL
9:00 AM	HIGH JUMP		GIRLS	18	HEPTATHLON
9:00 AM	800M	-	BOYS	18	HEATS
9:00 AM	KIDS JAVELIN	285 gm	GIRLS	14	TRIAL / FINAL
9:15 AM	LONG JUMP	-	GIRLS	14	TRIAL / FINAL
10:00 AM	800M	-	GIRLS	18	HEATS
10.30AM	200M		GIRLS	18	HEATS
11.30 AM	200M		BOYS	18	HEATS
12:00 AM	HIGH JUMP	-	GIRLS	18	TRIAL / FINAL
12.00 PM	LONG JUMP	-	BOYS	14	TRIAL / FINAL
12.15 PM	60M	-	BOYS	14	S\FINAL
12.30 PM	60M		GIRLS	14	S\FINAL
12.45PM	400M HURDLES	0.762 M	GIRLS	18	HEATS
1:00 PM	SHOTPUT	5KG	BOYS	18	TRIAL/FINAL
1:00PM	TRIPLE JUMP		BOYS	18	TRIAL/FINAL
1.10 PM	400M HURDLES	0.838 M	BOYS	18	HEATS
2.30 PM	400M HURDLES	0.838M	BOYS	18	FINAL
2.45 PM	400M H	0.762M	GIRLS	18	FINAL
2.50 PM	60M		BOYS/GIRLS	14	FINAL
3.00 PM	200M		BOYS	18	FINAL
3.10 PM	200M		GIRLS	18	FINAL
3.20 PM	800M	-	BOYS	18	FINAL
3.30 PM	800M	-	GIRLS	18	FINAL
3.45 PM	600M	-	BOYS	14	FINAL
4.00 PM	600M	-	GIRLS	14	FINAL
4.10 PM	MEDLEY RELAY		BOYS	18	TIME/TRIAL
4.40 PM	MEDLEY RELAY	-	GIRLS	18	TIME/TRIAL

Day 3: 16/09/2023

TIME	EVENT	SPEC'S	GENDER	AGE	ROUND
6:00 AM	10000M	-	BOYS	20	FINAL
6.15AM	POLEVAULT		BOYS	20	FINAL
6.15AM	HAMMER THROW	4KG	GIRLS	20	FINAL
6:40 AM	5000M	-	GIRLS	20	FINAL
7.15 AM	2000M		BOYS	16	FINAL
7.30AM	2000M		GIRLS	16	FINAL
7.30AM	100M		BOYS	20	DECA/HEXT
8.00AM	HAMMER THROW	4KG	BOYS	16	TRIAL / FINAL
8:00 AM	TRIPLE JUMP	-	GIRLS	20	TRIAL / FINAL

8:00 AM	100M	-	BOYS	16	HEXT
8:30 AM	100M (H)		GIRLS	16 /20	HEXT/HEPT
9:15 AM	100M		BOYS	16	HEATS
9.30AM	HAMMER THROW	6 KG	BOYS	20	TRIAL/FINAL
10.00 AM	100M		GIRLS	16	HEATS
10:15 AM	JAVELIN	500GM	GIRLS	16	TRIAL / FINAL
10.45AM	100M	-	BOYS	20	HEATS
11.00AM	POLEVAULT		GIRLS	20	FINAL
11.15 AM	100M	-	GIRLS	20	HEATS
11.45 AM	400M	-	GIRLS	20	HEATS
12.15 PM	400M	-	BOYS	20	HEATS
1:30 PM	100M		BOYS	16/20	SEMI FINALS
1:50 PM	100M		GIRLS	16/20	SEMI FINALS
2:00 PM	TRIPLE JUMP	-	BOYS	20	TRIAL / FINAL
2:00 PM	DISCUS	1.25 KG	BOYS	16	TRIAL / FINAL
2:00 PM	SHOTPUT	3 KG	GIRLS	16	TRIAL / FINAL
2:30 PM	110M (H)	0.991 M	BOYS	20	TIME TRIAL HEATS
2:50 PM	JAVELIN	600 GM	BOYS	16	TRIAL / FINAL
3:00 PM	80M (H) (7 FLIGHTS)	0.838M	BOYS	16	TIME TRIAL HEATS
3:30 PM	80M (H) (8 FLIGHTS)	0.762M	GIRLS	16	TIME TRIAL HEATS
3:45 PM	100M (H)	0.838M	GIRLS	20	TIME TRIAL HEATS
4:00 PM	LONG JUMP	-	GIRLS	16	TRIAL / FINAL
4:00 PM	DISCUS	1.75 KG	BOYS	20	TRIAL / FINAL
5:00 PM	100M(H)	0.838M	GIRLS	20	FINALS
5:10 PM	110M(H)	0.991M	BOYS	20	FINAL
5:15 PM	HIGH JUMP	-	BOYS	16	TRIAL / FINAL
5:20 PM	80M(H)	0.838M	BOYS	16	FINAL
5:25PM	80M (H)	0.762M	GIRLS	16	FINAL
5.30 PM	100M	-	GIRLS	16	FINAL
5:35 PM	100M	-	BOYS	16	FINAL
5:45 PM	100M	-	GIRLS	20	FINAL
5:50 PM	100M	-	BOYS	20	FINAL
6:00 PM	LONG JUMP		GIRLS	20	TRIAL / FINAL
6:00 PM	DISCUS	1 KG	GIRLS	20	TRIAL / FINAL
6:00 PM	400M		GIRLS	20	FINAL
6:05PM	400M		BOYS	20	FINAL
6.15PM	1500M		BOYS	20	FINAL
6.30PM	1500M		GIRLS	20	FINAL
6:45 PM	MEDLEY RELAY	-	BOYS	16	TIME TRIAL FINAL
7:15 PM	MEDLEY RELAY	-	GIRLS	16	TIME TRIAL FINAL
7:40 PM	4X100 RELAY	-	BOYS	20	TIME TRIAL FINAL
8:00 PM	4X100 RELAY		GIRLS	20	TIME TRIAL FINAL

Day 4: 17/09/2023

TIME	EVENT	SPEC's	GENDER	AGE	ROUND
6:00 AM	10000MT WALK		GIRLS	20	FINAL
6:00 AM	10000MT WALK	-	BOYS	20	FINAL
6:20 AM	5000MW/3000MW		B/G	16&20	FINAL
6.30AM	5000M		BOYS	20	FINAL
6.50AM	3000M		GIRLS	20	FINAL
7.00AM	JAVELIN	800GM	BOYS	20	TRIAL/FINAL
7:00 AM	LONG JUMP	-	GIRLS	20	HEPTA
7.00AM	SHOTPUT	4KG	BOYS	16	TRIAL/FINAL
7:10 AM	110M HURDLES	0.991 M	BOYS	20	DECA
7:15 AM	HIGH JUMP	-	GIRLS	16	TRIAL / FINAL
8:00 AM	SHOTPUT	4 KG	GIRLS	20	TRIAL / FINAL
8:00 AM	DISCUS	1KG	GIRLS	16	TRIAL / FINAL
8.00AM	800M		GIRLS	16 & 20	HEATS
8.20AM	800M		BOYS	16 & 20	HEATS
9.00AM	200M	-	BOYS	20	HEATS
9.45AM	200M	-	GIRLS	20	HEATS
10.00AM	JAVELIN	600 GM	GIRLS	20	TRIAL/FINAL
10:00 AM	LONG JUMP	-	BOYS	20	TRIAL / FINAL
10:00 AM	HIGH JUMP	-	BOYS	20	TRIAL / FINAL
10.15AM	300M	-	GIRLS	16	HEATS
10.45AM	300M		BOYS	16	HEATS
11.30AM	400M HURDLES	0.762 M	GIRLS	20	HEATS
12.05PM	400M HURDLES	0.914 M	BOYS	20	HEATS
12.45PM	200M		B/G	20	SEMI FINALS
1.10PM	300M		B/G	16	SEMI FINALS
1:15 PM	LONG JUMP		BOYS	16	TRIAL / FINAL
2:00 PM	HIGH JUMP	-	GIRLS	20	FINAL
2:00 PM	SHOTPUT	6KG	BOYS	20	TRIAL / FINAL
2.00 PM	400M HURDLES	0.762 M	GIRLS	20	FINAL
2.10PM	400M HURDLES	0.914 M	BOYS	20	FINAL
2.30PM	300M	-	BOYS	16	FINAL
2.40PM	300M	-	GIRLS	16	FINAL
2.50PM	200M	-	BOYS	20	FINAL
3.00PM	200M	-	GIRLS	20	FINAL
3.15 PM	800M	-	GIRLS	20	FINAL
3.25PM	800M	-	GIRLS	16	FINAL
3.35PM	800M		BOYS	16	FINAL
3.45PM	800M		BOYS	20	FINAL
4.00PM	4X400 M	-	BOYS	20	TIME TRIAL FINAL
4.15PM	4X400 M	-	GIRLS	20	TIME TRIAL FINAL