

# TAMILNADU ATHLETIC ASSOCIATION

6th TAMILNADU STATE YOUTH (U/18,20 & 23 YEARS) ATHLETIC CHAMPIONSHIP - 2025

DATE : 22.02.2025 & 23.02.2025 VENUE : JN STADIUM CHENNAI

## COMPETITION SCHEDULE

**DAY - 1 22.02.2025 (SATURDAY)**

TIME	EVENTS	GENDER	CATEGORY	SPCE	ROUND
5.45 AM	20 KM WALK	MEN & WOMEN	23 YRS		FINALS
6.15 AM	10 KM WALK	BOYS & GIRLS	20 YRS		FINALS
6.30 AM	HAMMER THROW	GIRLS / WOMEN	20 & 23 YRS	4 kg	FINALS
6.30 AM	10000 MTS	MEN & WOMEN	23 YRS		FINALS
7.00AM	10000 / 5000 MTS	BOYS & GIRLS	20 YRS		FINALS
7.00AM	POLE VAULT	BOYS & MEN	20 & 23 YRS		FINALS
7.30 AM	110 MTS H	BOYS	18 YRS	0.914 mts	HEPTA
7.45AM	100 MTS H	GIRLS / WOMEN	20 & 23 YRS	0.838 mts	HEPTA
8.00 AM	100 MTS H	GIRLS	18 YRS	0.762 mts	HEPTA
8.15 AM	100 MTS	BOYS & MEN	20 & 23 YRS		DECA
8.30 AM	HIGH JUMP	GIRLS / WOMEN	18,20 & 23		HEPTA
8.45 AM	110 MTS H	BOYS & MEN	20 & 23 YRS	0.99/1.067 mts	HEATS
9.00 AM	LONG JUMP	BOYS & MEN	20 & 23 YRS		DECA
9.15 AM	100 MTS H	GIRLS & WOMEN	20 & 23 YRS	0.838 mts	HEATS
9.45 AM	400 MTS	MEN & WOMEN	23 YRS		HEATS
10.00 AM	400 MTS	BOYS & GIRLS	20 YRS		HEATS
10.00 AM	SHOT PUT	BOYS & MEN	20 & 23 YRS		DECA
10.20 AM	100 MTS	MEN & WOMEN	23 YRS		HEATS
10.30 AM	HIGH JUMP	BOYS	18 YRS		HEPTA
11.00 AM	100 MTS	BOYS & GIRLS	20 YRS		HEATS
11.00 AM	SHOT PUT	GIRLS / WOMEN	18,20 & 23		HEPTA
1.00 PM	TRIPLE JUMP	GIRLS / WOMEN	20 & 23 YRS		T FINALS
1.00 PM	SHOT PUT	MEN	23 YRS	7.26 kg	T FINALS
1.00 PM	JAVELIN THROW	GIRLS	18 YRS	500 gms	T FINALS
2.30 PM	SHOT PUT	BOYS	20 YRS	6 kg	T FINALS
2.30 PM	100 MTS	BOYS & GIRLS	18 YRS		HEATS
3.00 PM	400 MTS	BOYS & GIRLS	18 YRS		HEATS
3.00 PM	TRIPLE JUMP	BOYS & MEN	20 & 23 YRS		T FINALS
3.30 PM	JAVELIN THROW	BOYS	18 YRS	700 gms	T FINALS
3.30 PM	SHOT PUT	GIRLS / WOMEN	20 & 23 YRS	4 kg	T FINALS
3.45 PM	100 MTS	MEN & WOMEN	23 YRS		S FINALS
3.55 PM	100 MTS	BOYS & GIRLS	20 YRS		S FINALS
4.05 PM	100 MTS	BOYS & GIRLS	18 YRS		S FINALS
4.15 PM	400 MTS	MEN & WOMEN	23 YRS		S FINALS
4.25 PM	400 MTS	BOYS & GIRLS	20 YRS		S FINALS
4.30 PM	HIGH JUMP	BOYS & MEN	20 & 23 YRS		FINALS
4.35 PM	400 MTS	BOYS & GIRLS	18 YRS		S FINALS
4.45 PM	100 MTS H	GIRLS	18 YRS	0.762 mts	HEATS
4.55 PM	110 MTS H	BOYS	18 YRS	0.914 mts	HEATS
5.05 PM	110 MTS H	BOYS & MEN	20 & 23 YRS	0.99/1.067	FINALS
5.05 PM	JAVELIN THROW	BOYS & MEN	20 & 23 YRS	800 gms	T FINALS

5.15 PM	110 MTS H	BOYS	18 YRS	0.914 mts	FINALS
5.25 PM	100 MTS H	GIRLS & WOMEN	20 & 23 YRS	0.838 mts	FINALS
5.30 PM	SHOT PUT	GIRLS	18 YRS	4 kg	T FINALS
5.35 PM	100 MTS H	GIRLS	18 YRS	0.762 mts	FINALS
5.45PM	100 MTS	MEN & WOMEN	23 YRS		FINALS
5.55 PM	100 MTS	BOYS & GIRLS	20 YRS		FINALS
6.00 PM	100 MTS	BOYS & GIRLS	18 YRS		FINALS
6.05 PM	400 MTS	MEN & WOMEN	23 YRS		FINALS
6.10 PM	400 MTS	BOYS & GIRLS	20 YRS		FINALS
6.15 PM	400 MTS	BOYS & GIRLS	18 YRS		FINALS
6.20 PM	1000 MTS	BOYS & GIRLS	18 YRS		FINALS
6.30 PM	1500 MTS	ALL CATEGORY			FINALS
6.50 PM	4 X 100 MTS RELAY	BOYS & GIRLS	20 YRS		TT FINALS
7.10 PM	4 X 100 MTS RELAY	MEN & WOMEN	23 YRS		TT FINALS

**DAY - 2 - 23.02.2025 (SUNDAY)**

TIME	EVENTS	GENDER	CATEGORY		ROUND
6.00 AM	3 KM & 5KM WALK	BOYS & GIRLS	18 YRS		FINALS
6.00 AM	5000 MTS	BOYS & MEN	20 & 23 YRS		FINALS
6.30 AM	3000 / 5000 MTS	GIRLS & WOMEN	20 & 23 YRS		FINALS
6.45 AM	POLE VALUT	GIRLS & WOMEN	20 & 23 YRS		FINALS
7.00 AM	110 MTS H	BOYS & MEN	20 & 23 YRS	0.99/1.067	DECA
7.00 AM	SHOT PUT	BOYS	18 YRS	5 kg	T FINALS
7.00 AM	HIGH JUMP	BOYS	18 YRS		FINALS
7.00 AM	HAMMER THROW	BOYS & MEN	20 & 23 YRS	6 & 7.26 kg	T FINALS
7.00 AM	LONG JUMP	GIRLS & WOMEN	18, 20 & 23		HEPTA
7.30 AM	800 MTS	BOYS & GIRLS	20 YRS		HEATS
7.45 AM	800 MTS	MEN & WOMEN	23 YRS		HEATS
8.00 AM	DISCUS THROW	GIRLS & WOMEN	18,20 & 23 YRS	1 kg	T FINALS
8.30 AM	200 MTS	BOYS & GIRLS	18 YRS		HEATS
9.00AM	200 MTS	BOYS & GIRLS	20 YRS		HEATS
9.30 AM	200 MTS	MEN & WOMEN	23 YRS		HEATS
9.30 AM	LONG JUMP	BOYS	18 YRS		T FINALS
9.30 AM	HIGH JUMP	GIRLS & WOMEN	18, 20 & 23		FINALS
10.00 AM	DISCUS THROW	BOYS & MEN	20 & 23 YRS	1.75 & 2 kg	T FINALS
10.00 AM	400 MTS H	BOYS & MEN	20& 23 YRS	0.914 mts	HEATS
10.15 AM	400 MTS H	GIRLS & WOMEN	20& 23 YRS	0.762 mts	HEATS
11.00 AM	LONG JUMP	GIRLS & WOMEN	18,20& 23 YRS		T FINALS
11.15 AM	JAVELIN THROW	GIRLS & WOMEN	20& 23 YRS	600 gms	T FINALS
11.15 AM	200 MTS	BOYS & GIRLS	18 YRS		S FINALS
11.10 AM	200 MTS	BOYS & GIRLS	20 YRS		S FINALS
11.20 AM	200 MTS	MEN & WOMEN	23 YRS		S FINALS
11.45AM	MID-RELAY	BOYS&GIRLS	18 YRS		TT FINALS
12.00 PM	LONG JUMP	MEN	23 YRS		T FINALS
12.15PM	MIXED_RELAY		20&23YRS		TT FINALS

1.30 PM	400 MTS H	GIRLS & WOMEN	20& 23 YRS	0.762 mts	FINALS
1.40 PM	400 MTS H	BOYS & MEN	20& 23 YRS	0.914 mts	FINALS
1.30 PM	DISCUS THROW	BOYS	18 YRS	1.50 kg	T FINALS
2.00 PM	200 MTS	BOYS & GIRLS	18 YRS		FINALS
2.00 PM	LONG JUMP	BOYS	20 YRS		T FINALS
2.10 PM	200 MTS	BOYS & GIRLS	20 YRS		FINALS
2.20PM	200 MTS	MEN & WOMEN	23 YRS		FINALS
3.00PM	800 MTS	BOYS & GIRLS	20 YRS		FINALS
3.10 PM	800 MTS	MEN & WOMEN	23 YRS		FINALS
3.20 PM	1000 MTS	BOYS & GIRLS	18 YRS		HEPTA
3.30 PM	STEEPLECHASE	BOYS & MEN	20& 23 YRS	0.914MTS	FINALS
3.45 PM	STEEPLECHASE	GIRLS & WOMEN	20& 23 YRS	0.762MTS	FINALS
4.15 PM	800 MTS	GIRLS & WOMEN	20& 23 YRS		HEPTA
4.30PM	1500 MTS	BOYS & MEN	20& 23 YRS		DECA
4.40 PM	4 X 400 MTS RELAY	BOYS & GIRLS	20 YRS		TT FINALS
5.00 PM	4 X 400 MTS RELAY	MEN & WOMEN	23 YRS		TT FINALS

### REGULATION:

1. For the 100m, 200m, and 400m events, if there are more than 5 heats, semi-finals will be conducted. If there are fewer than 5 heats, one best loser from each heat will be selected, and 3 will qualify for the finals.
2. For the 800m and all hurdle races, the top 8 timings will qualify for the finals.
3. For all relay events, the top 8 teams or the best 8 timings will qualify for the finals.
4. For all long-distance runs and walks, the overlapping system will be followed.
5. In combined events, a minimum height will be fixed for all vertical events.

\* If the total number of participants in the 100m, 200m, and 400m events is 40 or fewer, there will be more than 5 heats. In this case, no semi-finals will be held, and the top 8 participants from the heats will directly qualify for the finals.